

HCC – Covid 19 Risk Reduction Measures and Instructions to Leaders.

As of 9th August 2021, Covid restrictions are greatly reduced.

The risk assessment (standard) for any trip is normally carried out by the leader and that is unchanged. The assessment of COVID threat during the activity is very largely answered by government and SCA guidance to reduce risk as far as reasonably possible but a trip route is a different consideration from a slalom course or a racing pond and requires additional measures to minimize risk.

Clarifying guidance to the generic instructions to leaders for briefing participants:

1. Addressing an emergency will take precedence over any other consideration.
2. Re-iterate undertaking and note names and contact details if necessary.
3. Further advice on emergency First Aid. If cardiac arrest then advice for adult casualty is to use chest compressions only. If it is decided inflation is required then a resuscitation face shield should be used.

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Covid Officer HCC

11th December 2021

References

Scottish Government: <https://www.gov.scot/coronavirus-covid-19/>

SCA Guidelines: <https://www.canoescotland.org/resources/covid-19>

HCC Covid Health Declaration:

<https://www.helensburghcc.org.uk/wp-content/uploads/HCC-Documents/HCC-Covid-Health-Declaration.pdf>