

HCC Pool Sessions

Updated 2021-12-11

The following is a list of information, instructions and guidance under which the pool sessions will take place:

1. **Participants must pre-book the sessions.**
 - a. Each session will be limited to a maximum of 9 participants on a first come first serve basis
 - b. If over-booked, any participants unable to paddle one week will get priority the following week
2. To request a booking, email secretary@helensburghcc.org.uk. You are not booked until you receive a confirmation email. Do not come to session unless booking is confirmed.
3. By booking you
 - a. Confirm that you have read and agree to abide by these guidelines
 - b. Confirm that you have read the HCC Covid Health Declaration (available [here](#)) and that you confirm the statements therein.
 - c. Acknowledge that whilst every effort is made to minimise the risk of catching Covid, some risk remains.
4. **If you do not meet the statements in the HCC Covid Health Declaration at the time of the session, do not attend.**
5. If you are unable to attend for health or any other reason, contact the Secretary (secretary@helensburghcc.org.uk) as soon as possible to cancel the booking.
6. The fee is £5 per session and this is to be paid electronically in advance to the Club's bank account (Acct No: 42023102, Sort Code: 09 06 66). Non-payment will preclude you from any further sessions.
7. Sessions will be restricted to a maximum of 2 sea kayaks with balance being river boats. Participants will use club equipment unless agreed otherwise beforehand.
8. Participants to meet at the rear (South East) door of the pool (<https://w3w.co/tungsten.shower.falls>) at 7:30 pm.
9. Masks to be worn by everyone when entering and leaving the pool building.
10. Submersion of participants, boats and equipment in chlorinated water is considered sufficient for sanitisation. As such participants will submerge themselves, boat and equipment at the start of the session.
11. Paddling will finish at 8:45 pm to allow time for drying/dressing.
12. Boats and equipment to be loaded onto the trailer by participants.

References

Scottish Government: <https://www.gov.scot/coronavirus-covid-19/>

SCA Guidelines: <https://www.canoescotland.org/resources/covid-19>

Live Argyll: <https://liveargyll.co.uk/coronavirus-update/>

HCC Covid Health Declaration:

<https://www.helensburghcc.org.uk/wp-content/uploads/HCC-Documents/HCC-Covid-Health-Declaration.pdf>